Richmond Hyperbaric Health Centre 12180 Horseshoe Way, Richmond, BC V7A 4V5 T. Mendez 6380 Azure Rd. Richmond, BC V7C 2R7

October 31, 2001

Dear Sir/Madam:

Please accept this letter as hearty thanks for the assistance your treatments have given me in dealing with my health concerns.

When I first attended your health centre I had a long list of musculo-skeletal complaints. These complaints related to injuries I suffered in motor vehicle accidents and through years of participation in competitive sports.

Apart from general joint pains, I have suffered several injuries to my spine. Due to a herniated disc and resulting nerve impingement I have developed partial loss of function of my right foot and the wasting away of muscles in my leg (drop foot). Aside from this, I suffered constant pain to other areas of my back in the thoracic and neck areas. Because of my complaints I had been undergoing regular chiropractic treatments over a period exceeding ten years and massage and physiotherapy intermittently. These treatments had assisted me but of course, had certainly not corrected the underlying problems.

I visited your centre for a series of treatments on the advice of a friend and am very pleased with the results. While my drop foot has not corrected itself, I have noticed more sensation in the affected area than previously. Significantly however, I have noticed a marked reduction in the inflammation and pain along my spine and other joints. It is also noteworthy that this reduction in pain has persisted, despite the fact that it is over two months since I completed my series of treatments. Thanks to the improvement I have 'felt I have returned to some of the fitness activities I had abandoned. Also, I no longer undergo chiropractic or physiotherapy treatments. The result of the treatments has been a positive change in my health and outlook.

Thank you again for the help you have provided. I have already mentioned hyperbaric treatments and the Richmond Hyperbaric Health Centre in particular to friends and will continue to recommend your services.

Sincerely,

Trevor Mendez